

Products to help with Stress, Anxiety, & Depression

NeuroCalm

Herbal combination for patients presenting with marked anxiety and agitation.

Adaptan

For patients who are both anxious and tired, who need calming, gentle adrenal support.

AdrenoTone

Herbal support for patients with signs of adrenal exhaustion due to chronic stress.

These are herbal formulas specifically designed to address disordered neurological and hormonal patterns in patients adversely affected by stress.

Resilian: This combination of herbs is particularly indicated for support of emotional resilience in sensitive patients who may be **teary, weepy** and **anxious**. They may be experiencing **insomnia** with restless, dream-disturbed sleep and may be **shy and introverted**.

or

Cognitan: This combination is formulated for enhancement of central nervous system (CNS) activity in patients who are **lethargic, apathetic** and **mentally exhausted**. This combination has stimulating properties and will provide exhausted patients with the mental energy they need to cope with stress more effectively.

or

Relaxan: This combination is formulated for support of healthy moods in patients who have **volatile moods**. This combination of herbs may assist in the **management of irritability, anxiety and emotional instability with a** hormonal component, as well for **mood swings due to stress and tension**.

or

Stressan: This combination of herbs and calcium has been traditionally used to “calm the spirit” in patients with symptoms of **bad temper, agitation and irritability**. **These are hot, angry patients** who react to stress in an irate manner and may have a fierce temper.

If patient is also experiencing sadness, withdrawal and/or low mood, select formula to support their neurotransmitter function.

Proxan: Nutritional formula for patients with low mood associated with **insomnia, increased appetite** (particularly comfort eating and carbohydrate cravings) and **irritability**. This combination provides precursors for serotonin and melatonin production and may increase the body's production of dopamine, adrenaline and noradrenaline. Each ingredient has been carefully selected for its powerful action in regulating the central nervous system (CNS).

or

Prozestan: Herbal formula specifically designed to support neurotransmitter levels in patients **who worry and feel sad, apathetic and mentally sluggish**. This combination of herbs has been proven to assist in the management of healthy moods and may reduce fatigue and apathy.

Prozestan is particularly indicated in patients whose anxiety and low mood is associated with digestive upsets and/or excessive mucus production, suggesting an inflammatory trigger.